Earn FREE Continuing Education Credits

Gain Specialized Knowledge about Pharmacology, Telemedicine and Developmental Disabilities

Continue Your Professional Development

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www.rrti.org
NURSE TRAINING PROGRAM:
PHARMACOLOGY, TELEMEDICINE, AND DEVELOPMENTAL DISABILITIES

PROGRAM OBJECTIVE:

Sponsored by the Rehabilitation Research and Training Institute, the goal of this free training program is to support the professional development of nurses by providing training in pharmacology, telemedicine, and developmental disabilities (DD). The Program is a credentialed CEU program that offers 6 elective courses. Classes are offered free across New York State. Funding is provided by the Health Resources and Services Administration of the United State Department of Health and Human Services.

AUDIENCE:

The RRTI Nurse Training Program: Pharmacology, Telemedicine, and Developmental Disabilities consists of a series of training sessions designed for LPNs, RNs, Nurse Practitioners, Nurse Managers, and other nurses who work with individuals with DD in healthcare settings such as community rehabilitation agencies, residential programs, long-term care facilities, hospitals, adult day habilitation centers, adult homes, and mental health clinics, and rural health care clinics.

REGISTRATION:

Nurses may register for one or more courses. There is no fee required. To register online for the Training Program:

www.rrti.org

If you do not have access to online capabilities, or for cancellations and further information, please contact Katelyn Connally, HRSA Program Assistant at (518) 449-2976 ext. 101 or katelyn@nyrehab.org.
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**SESSION DESCRIPTIONS**

**Session 1:**

Practical Considerations Related to Pharmacology and Developmental Disabilities

Eileen Trigoboff, RN, APRN/PMH-BC, DNS, DABFN

Date: January 27th, 2010

9:00-12:45 Videoconference (multiple NYS sites)

Session #1 is a two-part session. Nurses must complete both parts to receive NYSNA contact hours. Designed for nurses who are involved in assessing the medical status of individuals with developmental disabilities, this course will cover practical information related to intake and assessment; communication with consumers, patients and caregivers; explanations for behavior changes; and pharmacology options (including strategies for administering and monitoring medications).

At the conclusion of the videoconference, training participants will have the option of completing the second part of the session either in the videoconference classroom from 12:00-12:45, or on-line at their own facilities. A 30-minute video on Transfer of Knowledge will be shown, demonstrating realistic strategies for sharing information from the Nurse Training Program with co-workers and supervisors. The video will consist of 2 short modules followed by review questions that the training participants will have the opportunity to discuss together. Nurses who opt to view the video on-line will have until May 2010 to complete the training.

Note: NYSNA CEU contact hours will not be granted unless both parts have been completed.

(3.5 contact hours)

**Session 2:**

Pharmacology Update

Sara Dugan, Pharm. D., BCPP

Date: February 24th, 2010

9:00-12:00 Videoconference (multiple NYS sites)

This session will review the pharmacokinetic parameters of absorption, distribution, metabolism, and elimination as they apply to the DD population. Drug interactions and agents that are classified as inducers or inhibitors will be highlighted. Information about psychoactive medications and drug interactions will also be included. A Case Study approach will be used to link the information to nurse practice. (3 contact hours)

Register on-line at www.rtti.org
Session 3:  
Categories of Medications  
Eileen Trigoboff, RN, APRN/PMH-BC, DNS, DABFN  
Date: March 24th, 2010  
9:00-12:00 Videoconference (multiple NYS sites)  

This session will focus on categories of pharmacology that significantly impact the DD population. Topics will include medication interactions, side effects and common reactions; seizure/epilepsy management, bone health, and diabetic management. Emphasis will be on nurse strategies for assessment, including for dual diagnosis (DD and mental health). A Case Study approach on topics such as Medication Reconciliation will be used to connect the content to nurse practice. (3 contact hours)  

Session 4:  
Pharmacology, Mental Health, and Developmental Disabilities  
Philip McCallion, ACSW, PhD  
Lisa Ferretti, LMSW  
Date: April 27th, 2010  
9:00-12:00 Videoconference (multiple NYS sites)  

This session will focus on categories of pharmacology that are related to mental health. Topics will include dual/multiple diagnoses, drug-induced mental disorders, sleep medications, behavior and mood disorders with co-morbid physical disorders, and new technologies in assessment and treatment (telehealth). A Case Study approach on topics such as Management of Depression will be used to connect content to practice. (3 contact hours)  

Session 5:  
Using Telemedicine  
Al Di Rienzo, President and CEO Blue Highway, LLC  
Date: May 26th, 2010  
9:00-12:00 Videoconference (multiple NYS sites)  

This session for nurses will include an overview of the use of technology in healthcare as well as nursing informatics (combining clinical information and record-keeping with technology). Topics will include remote patient monitoring, state-of-the-art telemedicine and the future of telehealth. Examples of telemedicine and telepsychiatry with individuals with developmental disabilities will be provided. A panel of nurses will share how they use new technologies in the assessment and treatment of individuals with DD, especially in managing medications. (3 contact hours)
**ABOUT THE INSTRUCTORS**

**Albert J. Di Rienzo, President and CEO Blue Highway, LLC**
President and CEO, Blue Highway, LLC, Board Member of the Columbia University Center for Advanced Information Management Advisory Board, the Johns Hopkins School of Medicine Alliance, and the National Biodefense Science Board; Technologist of the Year (2009) by the Technology Alliance of Central New York

**Sara Dugan, Pharm. D., BCPP**
Associate Professor Northeastern Ohio Universities College of Medicine; Assistant Professor, Albany College of Pharmacy, board certification in psychiatric pharmacy, clinical consultant Center for Disability Services and the Capital District Psychiatric Center, Albany, New York

**Lisa Ferretti, LMSW**
Director of Operations, Center for Excellence in Aging Services, School of Public Health, University at Albany, trainer and researcher in partnership with NYS Office of Children and Family Services, NYS Office of Mental Retardation and Developmental Disabilities

**Phil McCallion, ACSW, PhD**
Director, Center for Excellence in Aging Services, University at Albany; Professor UAlbany School of Social Welfare; Hartford Geriatric Social Work Faculty Scholar; numerous publications and awards and recognized expert on dementia

**Eileen Trigoboff, RN, APRN/PMH-BC, DNS, DABFN**
Clinical Nurse Specialist in psychiatric nursing, Buffalo Psychiatric Center; recipient of National Institutes of Mental Health Individual National Research Service Pre-Doctoral Research Fellowship in medication teaching and psychopharmacology; author of 13 nursing education texts; Nurse of Distinction award for outstanding nurse clinicians

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VIDEOCONFERENCES

Participants can attend training sessions at the following videoconference sites provided by the Office of Mental Retardation and Developmental Disabilities (OMRDD). Further details and registration information are provided online at www.rrti.org.

Queens  
Binghamton  
Norwich  
Schenectady  
Rome  
Syracuse  
Rochester  
Newark, NY  

Thiells  
Tarrytown  
Hauppauge  
Manhattan  
Staten Island  
Plattsburgh  
Poughkeepsie  
West Seneca

Rehabilitation Research and Training Institute (RRTI) Mission

It is the mission of the New York State Rehabilitation Research and Training Institute (RRTI) to serve as a resource in the community and rehabilitation systems promoting progressive and practical research support and training opportunities to providers of services to people with disabilities.

This activity has been submitted to the New York State Nurses Association for approval to award contact hours. The New York State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Participants have until December 30, 2012 to receive contact hours.

Register at www.rrti.org
FREE

Nurse Training Program:
Pharmacology, Telemedicine, and Developmental Disabilities

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www.rrti.org